The WNY Consortium of Higher Education

Sexual Assault Awareness Prevention and Compliance Task Force

February 19, 2015

Ramada Inn, Getzville, NY

# SEXUAL ASSAULT ESSENTIALS

# 2011 National Intimate Partner and Sexual Violence Survey (NISVS)

 examines sexual violence, stalking, and intimate partner violence victimization using National Intimate Partner and Sexual Violence Survey (NISVS) data from 2011

 describes the overall prevalence of sexual violence, stalking, and intimate partner violence victimization

# 2011 National Intimate Partner and Sexual Violence Survey (NISVS)

 19.3% of women and 1.7% of men have been raped during their lifetimes

- 1.6% of women reported that they were raped in the 12 months preceding the survey
- The case count for men reporting rape in the preceding 12 months was too small to produce a statistically reliable prevalence estimate

# 2011 National Intimate Partner and Sexual Violence Survey (NISVS)

43.9% of women

23.4% of men

experienced other forms of sexual violence during their lifetimes, including being made to penetrate, sexual coercion, unwanted sexual contact, and noncontact unwanted sexual experiences.

#### Sexual violence on campus

- One in five women will be a victim of completed or attempted sexual assault while in college. (Krebs, Lindquist, Warner, Fisher, & Martin, 2007)
- One in 16 men will be a victim of sexual assault during college.
   (Krebs et al., 2007)
- Among college women, nine out of 10 victims of rape and sexual assault knew the person who assaulted them (Fisher, Cullen, & Turner, 2000)
- More than 90% of sexual assault victims on college campuses do not report the assault (Fisher et al., 2000)
- 40% of colleges and universities reported not investigating a single sexual assault in the previous five years (U.S. Senate Subcommittee, 2014)

# WHAT IS SEXUAL ASSAULT

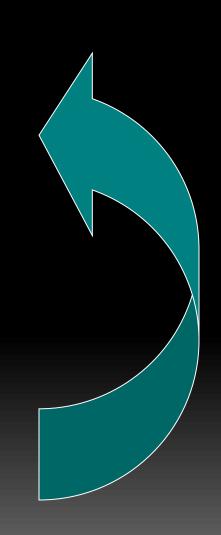
# Any sexual activity where consent is not obtained or freely given

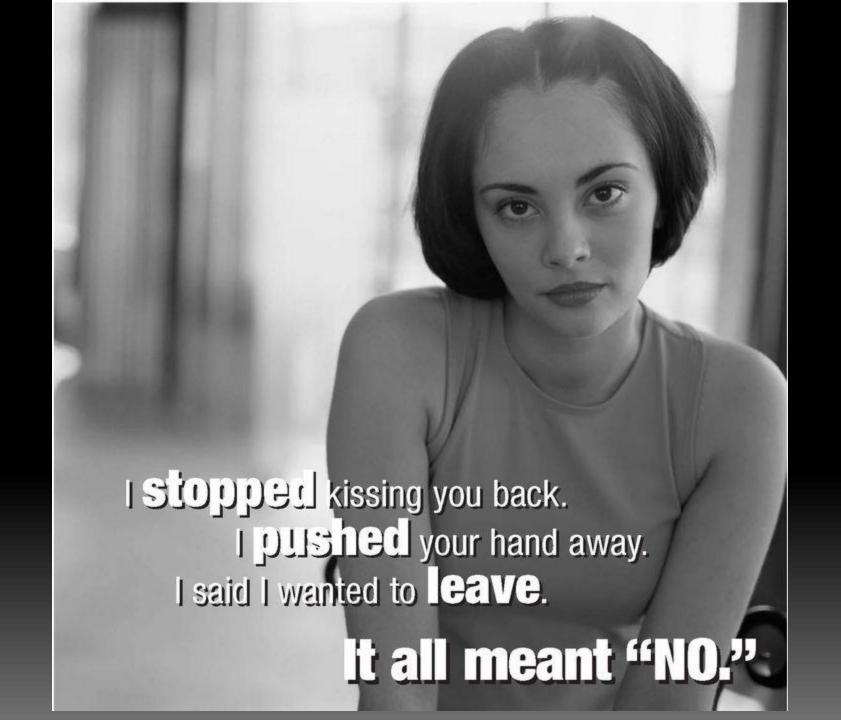
器 Includes rape

■ Non-legal term

#### Consent

Consent is a voluntary, verbal, positive affirmation; an agreement between equal and unimpaired partners without coercion.





#### Sexual Assault as Trauma

The experience of violence and victimization including sexual abuse, physical abuse, severe neglect, loss, domestic violence and/or the witnessing of violence, terrorism or disasters (NASMHPD, 2006)

#### Sexual Assault as Trauma

 Trauma is a more extreme version of stress perceived as life threatening and evoking fear, helplessness and even horror.

Trauma is life changing.

-Russel Strand

## Trauma Response

Fight

Flight

Freeze

#### Trauma Informed Care

**Mental Framework:** 

What happened to you?

VS

What did you do? Or What's wrong with you?

#### Sexual Assault is Trauma

Everyone responds differently to traumasurvivors of sexual assault are no different!

#### Common responses:

#shock

**#**shame

#disbelief

#guilt

**郑freezing** 

₩grief

**#**embarrassment

₩anger

**Xirritability** 

**#**fear

ૠself-blame

**Xrevenge** 

**#humiliation** 

## Responses Continued

- Fear of people
- Concern for the rapist
- Memory loss
- Lack of trust
- Sense of loss of control

# What gets in the way of survivors coming forward?

## Victim Blaming

We live in a society where often questions regarding the behaviors and choices of a survivor are the focus, rather than the behaviors/choices of the perpetrator.

When this happens, what is the impact on a survivor's response?

#### Reasons Survivors Do Not Report/ Late Reporting

- Self-blame and/or blame from others
- Fear
  - Retaliation
  - Will not be believed
  - Of "the system"
  - Revictimization
  - Of family/friends/coaches/natural supports' reactions
  - Of being "outed"
- Denial
- Past trauma history

#### Reasons Survivors Do Not Report/ Late Reporting

- Relationship to perpetrator
  - May want to protect offender
- Use of alcohol, drugs

Participation in illegal activity during assault

- Stigma
  - Shame
  - Lack of anonymity

#### Duty vs Doubt

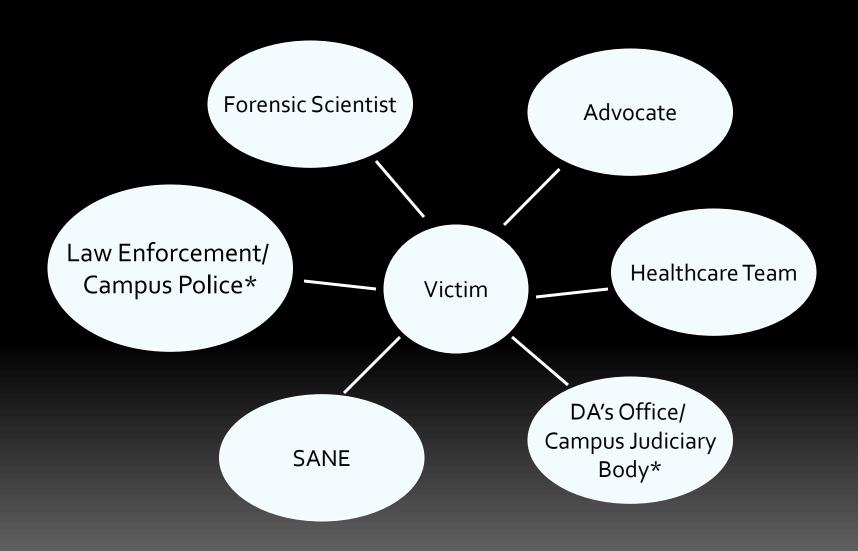
False Reporting: 4% (FBI research)

- 1) What happened is unknown to victim
- 2) Fabricated story

False reporting is not the same as recanting

# When a Survivor Seeks Help

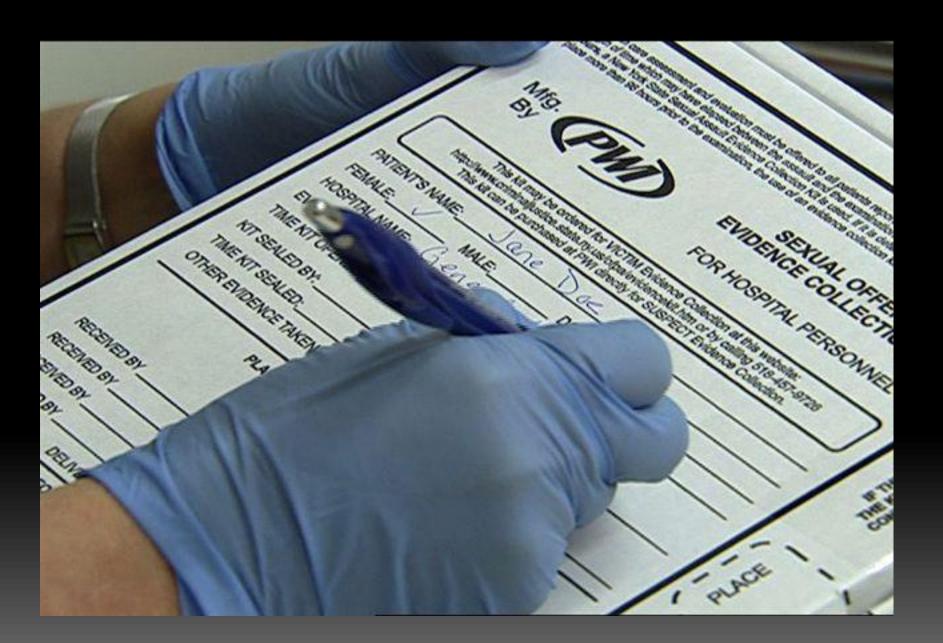
### Sexual Assault Response Team



#### Rape Crisis Centers

- 24 hour response
- Hospital Advocate- NYS Department of Health Protocol indicates that a victim of a sexual assault is to be offered the services of the rape crisis center in the emergency department.
- Hotline
- Advocacy (criminal justice / other)
- Ongoing support
- Counseling/Therapy
- Prevention, outreach, education

# Forensic Evidence Collection

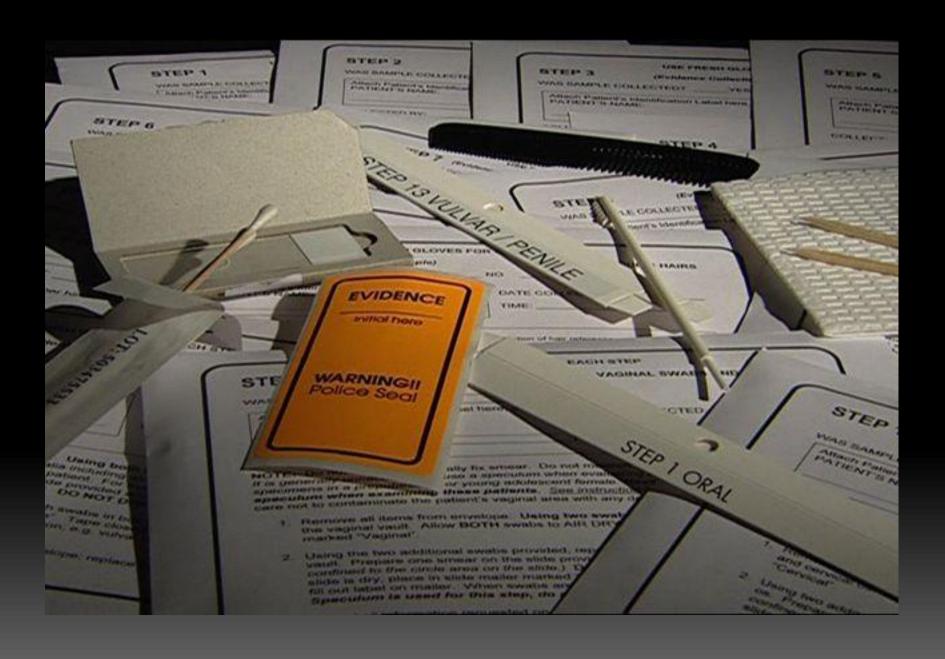


# Sexual Assault Forensic/Nurse Examiner(SAFE/SANE)

RN, NP, PA, or physician who has received specialized education and proved clinical competency in providing comprehensive care to sexual assault patients

#### SANE Role

- Conducts forensic interview
- Performs medical forensic exam and evidence collection
- Provides medical treatment
- Performs pregnancy risk evaluation and prevention
- Offers prophylactic treatment for tetanus and STIs, including HIV and Hepatitis B
- Provides referrals
- Provides testimony in court trials



#### Important Timeframes

- 96 hours: forensic evidence collection
- 96 hours: drug facilitated sexual assault kit
- 120 hours: emergency contraception
- **36 hours**: HIV prophylactic medication



## Multidisciplinary Teams

Rape Crisis Advisory Committee- Erie

Sexual Assault Response Team- Niagara

#### Survivor Response

#The responses and choices we see from a survivor after a sexual assault are often not what we would expect to see.

#### Survivor Response

#We must learn to expect no specific response from a survivor, while being prepared to accept any type of response from a survivor.

### Survivor Response

器Every survivor of sexual assault is entitled to responding to their victimization in a way that is natural and comfortable for them.

# Recommendations

#### When a student discloses

Listen without judgment

Assess safety

Medical attention

Connect with Rape Crisis Center/Advocate

#### When a student discloses

 Decrease # of times victim has to relay experience (Child Advocacy Center model)

 Confidentiality- decrease # of personnel who "need to know"

Employ a transparent process

Provide Choices

## Working With Survivors Throughout The Judicial Process

In order to have a survivor remain engaged in the judicial process, interactions with her/him require a thoughtfulness and an awareness of the challenges she/he is facing.

Language must be: #Free of blame **#Unassuming** 器Non-judgmental **#Neutral 業Non-categorizing #Empowering** 

Note that the way a victim tells her/his experience might change throughout the process.

## How Come?

- Impact of Trauma
- Barriers to reporting

### So....

- Avoid multiple interviews
- Employ a trauma informed approach

## Campus Process

#Transparent, sound, informed and consistent processes as they relate specifically to sexual violence will encourage other survivors to come forward and deter offenders from repeating the behavior.

## Campus Process

Having a survivor of sexual assault who is engaged in the judicial process means holding more offenders accountable and keeping our campuses and communities safer.

## The Offenders

# How do messages of violence against women in our culture register with offenders?

- Sense of entitlement
- Believe violence is an option
- Believe the victim is to blame
- Reject responsibility

 IACP National Campus Law Enforcement Institute on Violence Against Women, 2010

# What do perpetrators target in their victims?

- Vulnerable or can be made so
- Accessible or can be made so
- Perceived lack of credibility or can be made to seem so
  - National Law Enforcement Training and Capacity Building Project, Sexual Assault Training Institute

## Success Stories

### Resources

- Rape Crisis Centers
  - Erie: Crisis Services Advocate Program (716) 834-3131 www.crisisservices.org
  - Niagara: YWCA of Niagara Rape and Sexual Assault Program 716-433-6716
- Trauma-Informed Community Initiative of Western New York http://www.wnytrauma.org/
- NYS Domestic and Sexual Violence Hotline 1-800-942-6906
- New York State Coalition Against Sexual Assault <u>www.nyscasa.org</u>
- NSVRC: <a href="http://www.nsvrc.org/publications">http://www.nsvrc.org/publications/articles/prevalence-and-characteristics-sexual-violence-stalking-and-intimate-partner</a>
- RAINN <u>www.rainn.org</u>

#### Resources

- Clery Center for Security on Campus: www.clerycenter.org
- It's On Us: www.itsonus.org
- Not Alone: www.notalone.gov
- Know Your IX: <a href="https://www.knowyourix.org">www.knowyourix.org</a>
- SAFER (Students Active For Ending Rape): www.safercampus.org
- American College Health Association: www.acha.org
- Victim Rights Law Center: www.victimrights.org

## Contact information

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